

# SIGNATURE PROGRAMS

## MEDICAL PROGRAMS

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**NCEA**  
National Center for  
**EQUITY & AGENCY**

# Medical

## Program overview

The following are signature training programs offered by The National Center for Equity and Agency. All of the following can be offered as half or full-day workshops or modified to be keynote addresses. Our training programs are all customized to each audience, interactive, and strategically designed to be research-informed and action oriented. This are only a sampling of what we offer, please feel free to inquire about additional offerings.

### **TRAUMA-INFORMED CARE**

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One of our most sought-after courses looks at the foundational pieces of trauma-informed care. This class explores trauma focused language and holistic practices to educate providers on how to best utilize these techniques for their consumers and the community.

### **HEALTH EQUITY IN SURVIVOR-CENTERED CARE**

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Survivors of all forms of trauma are at an increased risk for a myriad of health conditions, addictions, and are likely to be victimized again. In this seminar, we will explore how providers can bridge these gaps and assure that all patients are provided with ease of access to mental, emotional, and physical care.

Participants will be able to identify different forms of trauma and vulnerable patients/communities. Participants will obtain the skills to create resources for these patients and communities and how to prevent and assist patients in healing from traumatic experiences.

#### Objectives

Attendees will leave the seminar:

- Able to identify different forms of trauma.
- With the tools to identify vulnerable patients and communities and create resources for them.
- With a working knowledge of how to prevent, identify, and help patients heal from traumatic experiences.

## BEYOND THE BINARY; LGBTQ AND SEXUAL MINORITIES INCLUSION IN HEALTHCARE

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In a world ever growing in its understanding of gender and sexual identity and orientations having foundational knowledge of these communities is vital to ending health inequities. This seminar explores just that- how sexual minorities are often marginalized by multiple systems and how barriers create life-long health consequences. We will discuss identities, building bridges with sexual minority communities, and providing holistic and competent care to all patients.

Upon completion, participants will be able to define different sexual and gender identities. They will better understand the marginalization that minorities face in society and how to create inclusive practices in service provision at their workplace.

### Objectives

Attendees will leave the seminar-

- With the ability to define different sexual and gender identities.
- With a working knowledge of how sexual minorities face marginalization in society and how to help create inclusive practices.
- Knowing how to be an effective ally and continue to build bridges for sexual minority patients and community members.

## WHAT THE #@%! IS SEX?

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This course is designed for both mental health professionals and general audiences who want to explore individual sexual history, cultural concepts about sex, internalized bias, and redefining what we think of when we talk about sex. From sexual orientation to physical ability and trauma recovery sex will be re-imagined and re-examined in ways you haven't thought of before.

### Objectives

Attendees will leave the seminar-

- Able to discuss the ways that sex is homogenized and over-simplified
  - Having explored the ways that their own sexual history impacts their internalized bias and tools to increase inclusiveness
  - Able to explain ways to redefine sex and sexuality with their clients
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