

# **SIGNATURE PROGRAMS**

## **MILITARY PROGRAMS**

**NCEA**  
National Center for  
**EQUITY & AGENCY**

# Military

## Program overview

The following are signature training programs offered by The National Center for Equity and Agency. All of the following can be offered as half or full-day workshops or modified to be keynote addresses. Our training programs are all customized to each audience, interactive, and strategically designed to be research-informed and action oriented. This are only a sampling of what we offer, please feel free to inquire about additional offerings.

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### **TRAUMA-INFORMED CARE**

One of our most sought-after courses looks at the foundational pieces of trauma-informed care. This class explores trauma focused language and holistic practices to educate providers on how to best utilize these techniques for their consumers and the community.

### **CONSENT AND CULTURAL HUMILITY**

In this workshop, we explore consent beyond the stereotypical American born, English speaking military service member. This course will teach participants the basic principles of cultural humility and use this to guide their dialogue with international service members around the topic of affirmative consent. This course will also provide cultural education to prepare our service members for foreign assignments and bring awareness to other cultures and improve cultural humility in our service members.

### **THE UNTOUCHABLES; Working with Offenders**

This workshop will address the complexity of Title IX's evolution under the Office of Civil Rights, the #MeToo movement, and where the future of prevention education has yet to go. This workshop will focus on how to provide services to offenders and how respondents have been excluded from restorative justice.

## **SEX POSITIVITY AND PREVENTION EDUCATION; from risk reduction to risk aware**

Dr. McGuire is a prevention educator and certified sexologist who brings a unique and cross-cultural perspective about where consent education has yet to go. How to discuss LGBTQ dynamics, kink and BDSM, sex work, and pornography will be included in this dialogue. Participants will learn through research and culturally comparisons how increasing sexual agency and subjectivity is the ultimate tool in discussions that shame pornography and create rape-free cultures. This workshop will explore sex positive and sex negative beliefs. This workshop strives to identify ways to build sex positive prevention conversations and how this can decrease sexual and domestic violence.

## **QUEERING ADVOCACY**

In this presentation we will explore how LGBTQ communities' experiences sexual and domestic violence, the unique barriers they face in getting resources, and how to build personal and organizational practices that build bridges for queer survivors.

## **CREATING CONSENT CULTURES: 4 Conversations We Aren't Having and Must**

This workshop aims to explore beyond the identified problems of sexual assault and seek solutions. This workshop will educate participants about consent culture and what it is, describe cross-cultural perspectives on consent, and define the meaning of restorative justice for sexual offenders.

## **DIVERSITY AND INCLUSION 101**

In this seminar, we will explore what the differences between diversity, equity, and inclusion are, the history of the movement, and how D&I can be applied today. We will work through research-informed best practices, understanding common myths, and exploring our personal and professional relationship to the topic. Participants will acquire tools and

skills to navigate how diversity and inclusion can be applied within their field and define privilege, marginalization, and inequalities.

## **HOLISTIC APPROACHES TO ENDING SEXUAL VIOLENCE ON MILITARY BASES AND IN COMMUNITIES**

In this workshop we will discuss what causes rape-acceptance beliefs, what studies show changes those narratives and how to: i) engage your entire audience, ii) overcome cognitive dissonance and iii) create lasting results. Participants will be left prepared with three next steps to apply in their place of work to improve their prevention efforts and create a lasting partnership with existing initiatives at their places of work.

## **YOU ARE THE CHANGE; What YOU Can Do in Post #MeToo**

This workshop begins with the internal work of understanding consent, healthy relationships, and how culture influences our sexuality and interpersonal relationships. With this knowledge we will examine the ways that service members can organize and advocate to change their bases and communities. Finding funding, improving resources/curriculum, and bringing community members, superiors, and administration onboard are discussed.

## **EVOLVING FROM #MeToo; Sexual Harassment Prevention in the Workplace**

This webinar looks at a variety of approaches, including executive coaching, for preventing and remediating in cases of sexual harassment. We will discuss effective prevention, liability awareness, and impactful tools for addressing incidents. We believe that the more informative and proactive planning, the less reactive and vulnerable an organization is.

In this workshop, participants will be able to identify and explain what sexual harassment is and what it isn't and they will be able to describe tools for prevention and response that are research-informed.

## **AM I THE PROBLEM? The Toughest Questions to Ask Post #MeToo**

This workshop helps participants look at how to help students/clients

process these questions, options for restorative justice, and how to empower clients to move forward with tools to help them understand and identify affirmative consent, mutual respect, and bodily autonomy in future interactions.

Participants will be able to discuss factors that go into offending behaviors. For mental health practitioners and medical providers, participants will be able to identify tools for education and therapeutic pathways for remediation.

### **NOW WHAT? LIFE AFTER TRAUMA AND GENTLY HEALING FROM WITHIN**

The class is for survivors looking to understand their trauma, identify their unique pathway to healing, and actionable exercises to work toward a place of hope and restoration from within. This class explores beyond the immediate services and responses of sexual assault and offers a longitudinal pathway to healing and recovery.

### **ASK ME ANYTHING**

This workshop brings fun and ease to the trickiest of topics with the backing of subject matter expertise. With both confident question submission and open dialogue service members can have a free and safe space to talk about all the things they wish they knew from a trauma-informed and culturally humble lens.

### **EXODUS THROUGH EDUCATION; My Survivor Story**

In this seminar, Dr. McGuire combines her expertise with first-hand accounts to deliver an educational seminar to empower service members in combining their roles as service members and identities beyond their active duty lives.

### **Not Just a Women's Issue; Engaging Men**

With all the awareness that has been done about sexual violence people still think of it as an issue impacting only women. Men often feel portrayed as potential perpetrators and male victims are often erased. In this workshop we discuss how to create gender inclusive and gender

responsive discussions, inclusion of male and non-binary victims, and why make interpersonal violence gender expansive is so important.

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